

## **U.S. Department of Veterans Affairs**

Veterans Health Administration VA Maryland Health Care System

# CENTER FOR DEVELOPMENT AND CIVIC ENGAGEMENT

BI-WEEKLY REPORT

WEEK OF: SEPTEMBER 6, 2024- SEPTEMBER 20, 2024

#### Important Updates

#### ANNUAL TRAINING UPDATE

You have received or will be receiving your annual training packet in the mail in the upcoming week. Please be on the lookout for it. Instructions will be in the packet and please return to CDCE by 9/27/2024 in the postage paid envelope provided.

## Compliance

Please check the expiration on your badge and please reach out to us **before** it expires.

## **Upcoming Events**

**2<sup>ND</sup> ANNUAL SUICIDE PREVENTION WALK AT PERRY POINT VAMC**Wednesday September 18, 2024, 10 a.m.- 2 p.m. Rain or Shine.

#### Item Requests

## Perry Point

- Deodorant
- Full size body wash/shampoo combo bottles
- Toothpaste
- K-Cups

#### Loch Raven

- Recent
   Newspapers;
   CDs; magazines
   (within 6
   months)
- Easy snap together models

#### Hospice needs

- Wrapped
   Muffins and
   pastries
- Shelf stable meals
- Unbreakable handheld mirrors
- Dove Sensitive
   Skin Body Wash

#### Baltimore

- Socks
- Sweatshirts & Sweatpants (all sizes)
- Men's and Women's undergarments (all sizes)
- Men's & Women's clothing (all sizes)
- Trial size lotions, body wash and shampoos
- Magazines (within 3 months)
- Adult coloring books
- Colored pencils& ballpoint pens
- Playing cards
- Checkers board game
- Word Find puzzle books

#### Volunteer Requests

## Perry Point volunteer needs:

- Thursday Coffee Station 8 a.m. to noon
- Roving Musicians for CLC unit
- Red Coat Patient Ambassadors for CLC Unit
- Escorts for Sunday Protestant Services
- Patient Visitor Volunteers 14H/23H (weekdays)
- Vet Centers Volunteers- Elkton, MD and Baltimore
- Volunteers to play music on 14H Keyboard or guitar that can be carried to the rooms.

#### Baltimore volunteer needs:

- Afternoon escorts
- VTN Drivers
- Voluntary Service Office Volunteer
- Red Coat Patient Ambassadors
- Administrative Assistant in Prosthetics
- Musicians on Call volunteers (Evenings)
- Groups for Veteran Day activities

### <u>Loch Raven volunteer needs:</u>

- Coffee Station at Loch Raven outpatient clinic (Mornings)
- Chapel Services: Mon 9:30 a.m. to 11 a.m., Wed 12:30 p.m. to 2 p.m., Thurs and Fri 1:30 p.m. to 3:00 p.m.
- Red Coat Patient Ambassadors from Wed, Thurs, Fri 8
   a.m. to 12 p.m.
- Office Assistant

## Happy Birthday to those celebrating September 6<sup>th</sup> - 20<sup>th</sup>!

Geoffrey W. Sept. 6 Megana K. Sept. 8 Nancy S. Sept. 9 Deborah M. Sept. 10 Wendy K. Sept. 12 Jerry B. Sept. 15 Carolyn M. Sept. 17

Joseph M. Sept. 6 Karen M. Sept. 8 Laura M. Sept. 9 Sylvia B. Sept. 16 Marilyn M. Sept. 18

Ololade I. Sept. 7 Elizabeth B. Sept. 8 Eleanor D. Sept. 9 Joseph C. Sept. 13 Hilda D. Sept. 16 Shelly S. Sept. 19

Mark S. Sept. 20

#### Fun Stuff

#### THERE ARE LOTS OF UNOFFICIAL HOLIDAYS TO CELEBRATE!

Sept. 6	Friday	Read a Book Day
Sept. 7	Saturday	Buy a Book Day / International Clean Air Day
Sept. 8	Sunday	Grandparent's Day / Star Trek Day
Sept. 9	Monday	Hug Your Hound Day / Int'l Sudoku Day
Sept. 10	Tuesday	World Suicide Prevention Day
Sept. 11	Wednesday	Patriots Day
Sept. 12	Thursday	Are You Ok Day / National Encouragement Day
Sept. 13	Friday	Stand Up To Cancer Day
Sept. 14	Saturday	National Coloring Day
Sept. 15	Sunday	GreenPeace Day

Sept. 16	Monday	Working Parents Day / Guacamole Day
Sept. 17	Tuesday	National IT Professionals Day
Sept. 18	Wednesday	US Air Force 77 <sup>th</sup> Birthday
Sept. 19	Thursday	National Gymnastics Day
Sept. 20	Friday	National Concussion Awareness Day
		Company Caller (Atricle

Songs of the Week

<u>September</u> – Earth, Wind and Fire

**Everybody Wants to Rule the World** – Tears for Fears

Wild Blue Yonder - US Air Force Band

<u>The Warrior Song</u> – Aer Vis

FOLLOW US ON FACEBOOK FOR VA MARYLAND VOLUNTEER UPDATES!

https://www.facebook.com/groups/vamhcsvolunteers